



*The Name of Trust & Quality*



**MAK**  
**associates**

*Engineers, Contractors & Management*

*Deals in!*

*Plumbing*

*Fire Fighting*

*Heating, Ventilation & Air Conditioning*

*Electrical*

*Swimming Pools*

*Project Management*

*Material Purchasing Expertise*

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***ENDLESS SWIMMING POOL  
WITH  
HYDROTHERAPY JET***



## SWIM AGAINST THE FLOW

Imagine your own private swimming pool, installed just steps away, set to the temperature you desire, with less chlorine than drinking water -- a pool that can be installed virtually anywhere, indoors or out and used year-round for lap swimming, aqua aerobics, hydrotherapy and family fun.



Swimming uses the greatest number of muscles in the body. In an Endless Pool, you swim against a consistent current which offers unique benefits over land-based exercise: improved strength and stamina with no trauma to joints, tendons, or bones.

Swimming against a current also means no need for turning and pushing off. No matter your fitness level, it's a much more concentrated and efficient workout.





## FEATURES

Swim whenever you like on your own schedule at your own perfect pace.

- ✓ No traveling,
- ✓ No crowded pools,
- ✓ No heavy chlorine.
- ✓ Just your own precision engineered swimming pool, where you swim or exercise against a smooth current.
- ✓ Swimming against a current also means no need for turning and pushing off. No matter your fitness level, it's a much more concentrated and efficient workout.
- ✓ Our swimming pools are simple to install, easy to maintain, economical to run.
- ✓ Fit easily in new or existing spaces indoors or outside, and are so handsome they can become a showplace in your home.
- ✓ The small footprint means our swimming pools use fewer resources and energy than traditional pools.



## SPECIFICATIONS

- ✓ Swimming area (10' x 5')
- ✓ Standard Water Depth (39" to 60")
- ✓ High Capacity Circulation Pump
- ✓ 4 or 5 HP Jet pump for Counter Swimming
- ✓ Water Outlet Nozzle
- ✓ Electric Heater
- ✓ Hydrotherapy Jets
- ✓ Sand Filter
- ✓ Skimmer Filter
- ✓ Underwater Lights
- ✓ Underwater Treadmill (Optional)





## APPLICATIONS

### TRAINING FOR PROFESSIONALS

- ✓ The Endless Pool is the #1 choice of personal pools for professional athletes & competitive swimmers in training.
- ✓ The strong current provides the optimal environment when training for an open-water swim.
- ✓ And with an Endless Pool, busy athletes and competitive swimmers enjoy the convenience of swimming at home, on their own schedules

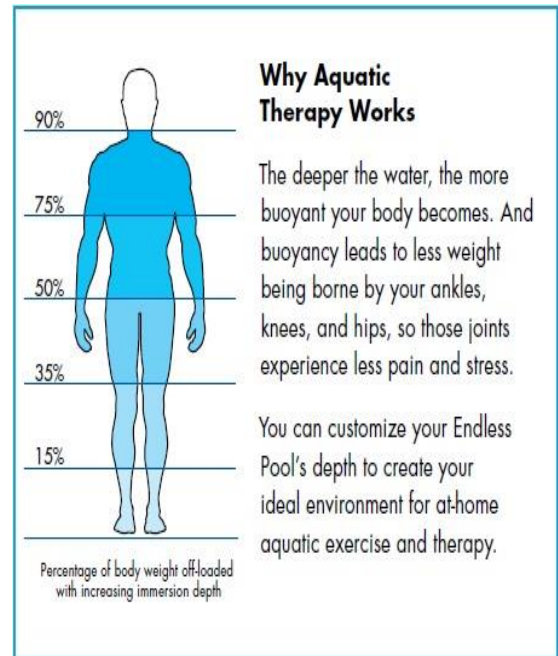




## AQUATIC THERAPY

Aquatic Therapy is an excellent therapeutic, low-impact activity for people of all ages and abilities.

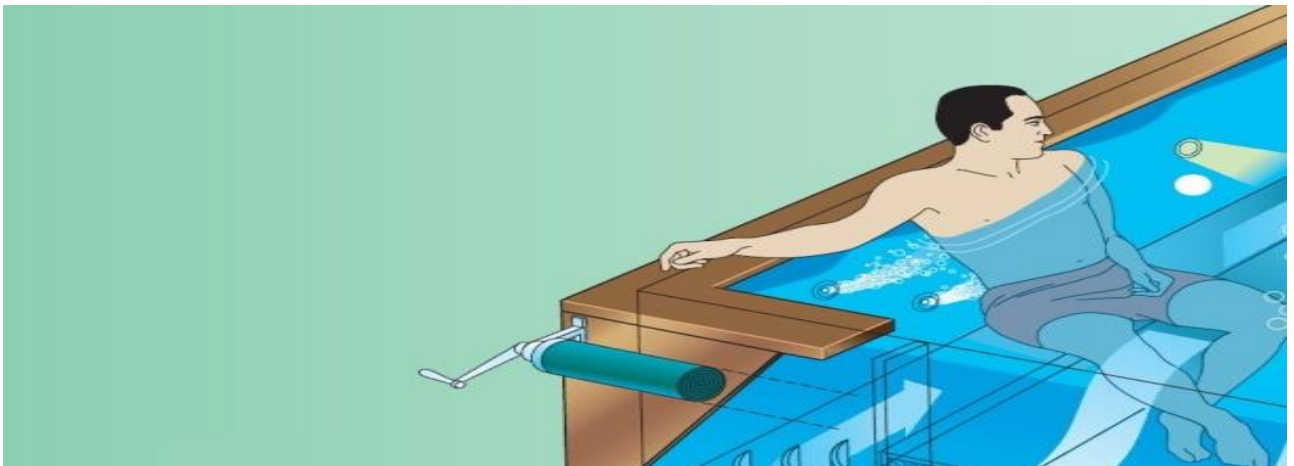
- ✓ Harnessing the physical properties of water to assist in patient healing and exercise performance, aquatic therapy is ideal for a variety of medical conditions.
- ✓ Warm water assists in relaxing muscles and increasing blood flow to injured areas.
- ✓ The buoyancy of water can reduce your body weight up to 90%, resulting in a low-impact, low-stress environment.
- ✓ The natural resistance of water (optionally enhanced with our swim current or jets) will provide you with a challenging workout.



With your own pool you'll:

- Increase flexibility and strengthen muscles
- Alleviate the symptoms of many medical conditions
- Improve balance and agility
- Decrease joint swelling and reduce pain
- Enjoy simpler, less stressful exercise

Get back in shape, recover from injury, or soothe and strengthen aching bones in safe, versatile, inviting pool just steps away in your own home.







## WARM WATER EXERCISE

It is an excellent way to build strength, ease joint stiffness and relax sore muscles.

- ✓ Water exercise reduces pain and improves endurance, coordination, and the ability to perform daily tasks.
- ✓ Water's natural buoyancy gently supports joints to encourage free movement as you work against resistance in all directions and not just gravity alone. This means greater aerobic endurance, flexibility, muscle tone, and weight loss – faster.
- ✓ Set the water temperature to suit your personal preference. A state-of-the-art water purification system keeps the water sparkling clean and greatly reduces the need for chlorine.
- ✓ The compact, modular design is easy to install and allows for varying water levels to suit your personal exercise routines.
- ✓ Whether your goal is to build strength, tone muscles or lose weight, our complete line of swimming pools allow you to get fit and stay fit because when exercise is a pleasure, fitness is easy.



Relax



Swim



Strength



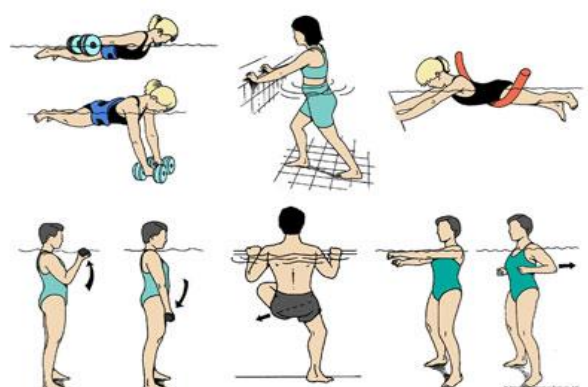
Row



Walk / Run



Stretch







## FAMILY FUN & RELAXATION

- ✓ Of course, the whole family can get in and swim in the Endless Pool. The kids will love swimming and playing in the current. The Endless Pool can help your family stay fit and have fun together



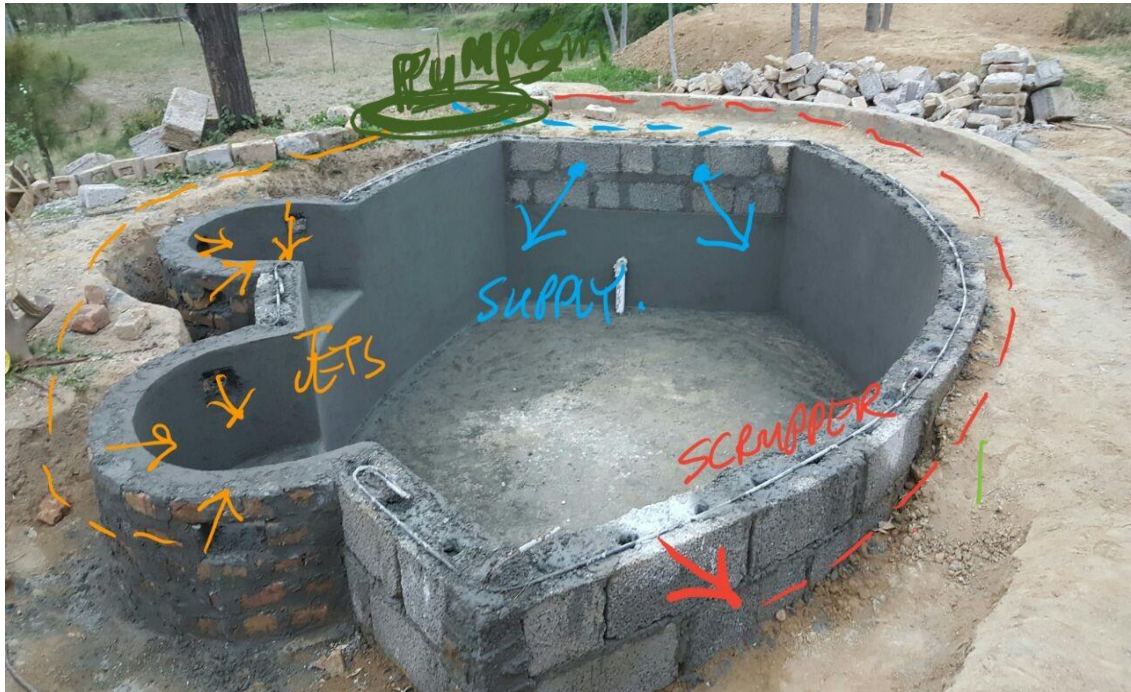
- ✓ It can be a place of shared quality time, spontaneous fun, celebration, and relaxation for the entire family. Take a leisurely swim any day or season of the year without the hassles of scheduling, planning, and driving to a pool. After work, at any hour, let the current wash away your stress.

- ✓ From the youngest, with proper supervision, on up, all can enjoy playing and relaxing together in the smooth, river-like, fully-adjustable swim current of an Endless Pool.





ENDLESS SWIMMING POOL WITH HYDROTHERAPY JETS (CONSTRUCTION)



CIVIL WORKS



PLUMBING WORKS





**ENDLESS POOL with HYDROTHERAPY JETS**



## CONTACT US

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